



## REGULATION

### For the open competition "Yoshukan Cup 2024"

- Goal:** Promotion and development of the sport of Karate both in the city of Jūrmala and in Latvia. Determination of the strongest athletes of Latvia and other participating countries.
- Organiser:** Representatives of the International Yoshukai Association in Latvia, the association "Yoshukan Jūrmala" with reg. No. 40008256288 and with the support of the Latvian Karate Federation and Jūrmala City Council.  
The person responsible – Jevgēnijs Skorobogatovs,  
+371 27154425, j.skorobogatovs@karate.lv
- Time:** February 17, 2023 at 10<sup>00</sup>
- Place:** Raiņa iela 55, K-1 , Jūrmala city, LV-2016, Latvia
- Judges:** Judges of the LKF Board of Judges. During the competition, the judges will be provided with a hot lunch.  
**The main judge of the competition is Santa Drozdova, tel. +371 26833661. The main secretary of the competition is Viktorija Agafonova , tel. +371 29118019**
- Registration:** Registration on 17.02.2023 from 8<sup>30</sup>. At the competition venue according to the arrival list prepared and sent by the organizer. 9<sup>30</sup> – 10<sup>00</sup> briefing of team representatives and judges. 10<sup>00</sup> start of the competition.
- Tatami size:** 10m x 10m
- Competitors:** It is forbidden to participate for athletes who have won **prize-winning places** in national championships, **national team athletes**, and participants of the Youth Premier League. **Prize winners** of the following competitions or competitions of a similar level are prohibited from participating: Estonian Open, Latvian Open/Akropole Rīga Kauss, Polish Open, Tallinn Open, Budapest Open, Budo Cup, Grand Prix Slovakia, Edu Do Cup. An exception is cases when the category had 5 or fewer participants.

**NO changes are made to the participant lists on the day of the competition!**  
Competition rules – WKF with changes introduced by the organizer!!!

## KATA

The categories take place according to the round system, each subgroup consists of 3-5 athletes, and after the subgroup fights, the best 2 athletes from each group continue to fight for medals according to the Olympic system.

Flag system with 3 judges.

In all categories, the kata must be performed simultaneously.

Athletes perform katas according to their certification belts

- **U8, U10, U12 -10 KYU, -9 KYU, U14 -9 KYU – 1 kata**
- **In all other categories - at least 2 Katas**, repeating the Kata performed in the previous round is prohibited according to the Olympic system.

In all the categories mentioned above, athletes are only allowed to perform katas that are mentioned in the following list:

Taikioku 1-4, Heian 1-5, Pinan 1-5, Ten-no-kata 1-3, Geksadai 1-2, Saifa., Zenshin-kotai.

In all Kata categories – full repechage **2 (two)** 3rd places!!!

## CATEGORIES:

children 5 y.o. girls	OPEN
children 5 y.o. boys	OPEN
children 6 y.o. girls	OPEN
children 6 y.o. boys	OPEN
children 7 y.o. girls	-10 kju; -9kju;
children 7 y.o. boys	-10 kju; -9kju;
children U10(8-9g.) girls	-10 kju; -9kju; -8.kju;
children U10(8-9g.) boys	-10 kju; -9kju; -8.kju;
children U12(10-11g.) girls	-10 kju; -9kju; -8.kju;
children U12(10-11g.) boys	-10 kju; -9kju; -8.kju;
mini cadets U14(12-13g.) girls	-9kju; -7.kju;
mini cadets U14(12-13g.) boys	-9kju; -7.kju;
cadets U16 (14-15g.) girls	-7.kju;
cadets U16 (14-15g.) boys	-7.kju;

**KUMITE** – The permissible deviation in all men's categories is 0.2 kg and 0.5 kg in all women's categories.

Kumite - judging in all categories is in accordance with the rules of the Cadet WKF and the rules for children approved by the LKF board..

The categories take place according to the round system, each subgroup consists of 3-5 athletes, and after the subgroup fights, the best 2 athletes from each group continue to fight for medals according to the Olympic system.

Flag system with 5 judges.

the organizer determines changes in the duration of fights in the following categories:

U8; U10 – 1 minute or up to 6 point difference

U12, U14 –1.5 minutes or up to 6 points difference

U-16 - 2 minutes

Kumite **equipment** - must be:

- The athlete must have all equipment according to WKF regulations, but the equipment does not have to bear the 'WKF approved' mark. The color of gloves and belts must match the athlete's color in the respective fight (AKA or AO). The color of shin guards is not important.
- Body protectors are required in all age groups for kumite disciplines.
- Groin (pelvic) guard (band) - mandatory from the age of 12. Up to 12 years - recommended.
- Mouthguards are mandatory in all kumite disciplines."

Athletes, their coaches and parents are personally responsible for any injuries resulting from not using the gear!

The competition organizer does not provide the gear.

## CATEGORIES

children U8(6-7g.) girls	OPEN
children U8(6-7g.) boys	-25 / +25 kg
children U10(8-9g.) girls	-27 / -32 / -36 / + 36 kg
children U10(8-9g.) boys	-27 / -32 / -36 / + 36 kg
children U12(10-11g.) girls	-35 / -40 / -45 / +45 kg;
children U12(10-11g.) boys	-30 / -35 / -40 / -45/ +45 kg
mini cadets U14(12-13g.) girls	-42 / -47 / -52/ +52kg
mini cadets U14(12-13g.) boys	-40 / -45 / -50 / -55 / +55kg
cadets U16 (14-15g.) girls	-47 / -54 / -61/ +61 kg
cadets U16 (14-15g.) boys	-52 / -57 / -63 / -70 / +70 kg

**2 (two)** 3rd places in all Kumite categories!!!

## PHANTOM

According to the PHANTOM regulations approved by LKF.

Gear: Red or blue gloves. Belt and leg guards optional. (Foot guards are optional).

### PHANTOM BOYS

6 years old
7 years old
8 years old
9 years old
10 years old
11 years old

### PHANTOM GIRLS

7 years old and under
8 years old
9 years old
10 years old
11 years old

**Two 3rd places** in all categories.

**In all disciplines, the organizer reserves the right to change categories.** (for example, if there are 4 or fewer participants in a category, the organizer has the right to combine categories)

**Participation in competitions: KATA and KUMITE each category 25 EUROS; PHANTOM 20 EUROS**

Examination of the protest – 100 EUR

Participants are responsible for their health and fitness for the competition, as well as for health insurance.

**Prizes:**

The main **Yoshukan Cup 2024** is awarded to the club whose athletes have won the most 1st place in the sum of the Olympic disciplines (KATA and KUMITE).

The cup is also awarded to the club that won 2nd and 3rd places under the same conditions.

**Applications:**

**Participants' pre-registration must be done electronically on the website**

[www.shotokan.lv/online/](http://www.shotokan.lv/online/); [www.karateregistration.lv](http://www.karateregistration.lv). To obtain a password for the registration system and ask questions about registration, please contact Boris Krasnov by phone at +371 29621418 or by email at [karatedo@balticom.lv](mailto:karatedo@balticom.lv)

Applications are accepted **until February 14, 2023 at 23:59**  
**Applications are not accepted after February 14.**

**Protection of privacy and personal data.**

Photography and video filming will take place at the venue of the competition. The footage may be used by the competition organizers for self-promotional purposes without coordinating with the people visible in it.