



SEMINAR



Anton Nikulin (Ukraine).

Seminar organizer:

Sports club "Fudzi" (reg. nr. 40008073430) in collaboration with the **Latvian Karate Federation/Coaching Committee**. The responsible person for the seminar is **Boris Krasnov**, phone: +37129621418, email: ijka.latvia@gmail.com.

Purpose of the seminar:

- To give the opportunity to athletes-beginners from the age of 8 to gain experience in karate at the WKF.
- Exchange of experience between the national athletes of the Baltic and Scandinavian countries.
- Increasing the qualifications of coaches.

Venue:

Address – **Visvalža street 9, Riga, Latvia**. Sport Hall in 15th Secondary School.

Registration for the seminar:

Competitors must be registered online using electronic pre-registration system on www.shotokan.lv/online/; www.karateregistration.lv. To obtain password for registration system and all questions regarding the registration, please contact Boris Krasnov via phone +371 29621418 or e-mail: ijka.latvia@gmail.com

REGISTRATION DEADLINE is 21.08.2023

Seminar timetable:

Athletes 12+ years (national team level) only 60 places.

01.09 18.30-20.00

02.09 11.30-13.00; 18.00-19.30

03.09 11.30-13.00; 13.30-15.00 (sparing session, all athletes)

All athletes 8+ years only 80 places

01.09 17.00-18.30

02.09 10.00-11.30; 16.30-18.00

03.09 10.00-11.30

Participation fee:

50 EUR - athlete (candidate for the national team)

40 EUR - athlete + 8 years old.

40 EUR - Coach (if less than 5 athletes).

Trainers who take part in the seminar will receive a certificate for recertification, in the amount of 14 hours.

Video and photo shooting only with the permission of the organizer.

Entrance to the hall only with the permission of the organizer