

RĪGAS STRAUTIŅŠ 2026

ATKLĀTĀS BĒRNU KARATĒ SPĒLES



SACENSĪBU PROGRAMMA

09:00	10:45	ŠĶĒRŠĻU JOSLA – VEIKLAIS STRAUTIŅŠ / FUKO-GO			
10:50	11:00	SACENSĪBU ATKLĀŠANA / OPENING CEREMONY			
TATAMI 1			TATAMI 2		
SUMO			SUMO		
11:00	11:05	Sumo: Boys U8 -20 kg (2)	11:00	11:05	Sumo: Boys U6 +20 kg (2)
11:05	11:15	Sumo: Boys U8 -24 kg (6)	11:05	11:20	Sumo: Boys U8 -28 kg Group A (6)
11:15	11:35	Sumo: Girls U10 -30 kg (9)	11:20	11:30	Sumo: Boys U8 -28 kg Group B (6)
11:35	11:45	Sumo: Boys U12 -40 kg (6)	11:30	11:45	Sumo: Boys U10 +35 kg (7)
11:45	11:55	Sumo: Boys U12 -53 kg (5)	11:45	11:55	Sumo: Girls U12 +40 kg (5)
KATA			KATA		
12:00	12:30	Kata: Boys U8 -9 kju (8)	12:00	12:15	Kata: Girls U8 -9 kju (4)
12:30	12:40	Kata: Girls U8 -7 kju (3)	12:15	12:25	Kata: Boys U8 -7 kju (3)
12:40	13:05	Kata: Boys U10 -7 kju Group A (7)	12:25	12:50	Kata: Girls U10 -9 kju (7)
13:05	13:25	Kata: Boys U12 -9 kju (5)	12:50	13:10	Kata: Girls U10 -7 kju (6)
13:25	13:30	Kata: Girls U12 -9 kju (2)	13:10	13:45	Kata: Boys U14 -7 kju (9)
KUMITE			KUMITE		
13:35	14:05	Kumite: Boys U8 +25 kg Group A (6)	13:50	14:05	Kumite: Girls U8 OPEN (3)
14:05	15:00	Kumite: Boys U10 -28 kg Group A (9)	14:05	14:50	Kumite: Boys U10 -28 kg Group B (8)
15:00	15:45	Kumite: Boys U10 -36 kg Group A (8)	14:50	15:30	Kumite: Boys U12 -30 kg (6)
15:45	16:35	Kumite: Boys U12 -43 kg (7)	15:30	16:40	Kumite: Boys U12 -36 kg Group B (9)
16:35	17:15	Kumite: Boys U12 +43 kg Group B (6)	16:40	17:35	Kumite: Boys U14 -45 kg (7)
17:15	17:25	Kumite: Girls U12 +40 kg (2)	17:35	17:55	Kumite: Girls U14 OPEN (3)
17:25	18:15	Kumite: Boys U14 +50 kg Group A (7)	17:55	18:15	Kumite: Boys U16 +57 kg (3)
TATAMI 3			TATAMI 4		
SUMO			SUMO		
11:00	11:05	Sumo: Boys & Girls U6 -20 kg (3)	11:00	11:10	Sumo: Girls U8 +24 kg (5)
11:05	11:15	Sumo: Girls U8 -24 kg (4)	11:10	11:30	Sumo: Boys U10 -27 kg (9)
11:15	11:35	Sumo: Boys U8 +28 kg (9)	11:30	11:45	Sumo: Boys U10 -35 kg Group B (7)
11:35	11:50	Sumo: Boys U10 -35 kg Group A (7)	11:45	11:50	Sumo: Girls U12 -40 kg (3)
11:50	11:55	Sumo: Girls U10 +30 kg (2)	FANTOM		
KATA			11:55	12:05	Fantom: Girls U8 (3)
12:00	12:20	Kata: Boys U10 -9 kju Group A (6)	12:05	12:25	Fantom: Boys U8 (5)
12:20	12:40	Kata: Boys U10 -9 kju Group B (5)	12:25	12:50	Fantom: Girls U10 (7)
12:40	13:00	Kata: Boys U10 -7 kju Group B (6)	12:50	13:10	Fantom: Boys U10 Group A (6)
13:00	13:15	Kata: Girls U12 -7 kju (4)	13:10	13:30	Fantom: Boys U10 Group B (6)
13:15	13:20	Kata: Girls U14 -9 kju (2)	13:30	13:55	Fantom: Boys U14 (7)
13:20	13:30	Kata: Girls U18 -7 kju (2)	13:55	14:20	Fantom: Girls U14 (8)
KUMITE			KUMITE		
13:35	14:05	Kumite: Boys U8 +25 kg Group B (5)	13:35	14:20	Kumite: Boys U8 -25 kg (8)
14:05	14:35	Kumite: Girls U10 -30 kg (5)	14:20	15:05	Kumite: Boys U10 -32 kg (8)
14:35	15:05	Kumite: Girls U10 +30 kg (5)	15:05	15:50	Kumite: Boys U10 -36 kg Group B (8)
15:05	16:25	Kumite: Boys U12 -36 kg Group A (10)	15:50	16:40	Kumite: Boys U12 +43 kg Group A (7)
16:25	16:40	Kumite: Boys U10 +36 kg (3)	16:40	17:35	Kumite: Girls U12 -40 kg (9)
16:40	17:25	Kumite: Boys U14 -40 kg (5)	17:35	17:45	Kumite: Boys U14 -50 kg (2)
17:25	18:15	Kumite: Boys U14 +50 kg Group B (7)	17:45	18:15	Kumite: Girls U16 +47 kg (4)

Laiki ir norādīti orientējoši! Lūgums sportistiem būt gataviem cīņām stundu pirms attiecīgas kategorijas sākuma.