



RULES

For the open karate competition "Yoshukan Cup 2026"

- Objective:** To promote and develop karate as a sport in Jūrmala and Latvia. To determine the strongest athletes in Latvia and other participating countries.
- Organiser** Representatives of the International Yoshukai Association in Latvia, the association "Yoshukan Jūrmala" with reg. No. **40008256288**, with the support of the Latvian Karate Federation and Jūrmala City Council.
Responsible person – Jevgēnijs Skorobogatovs,
+371 27154425, j.skorobogatovs@karate.lv
- Date:** **14 February 2026 at 10⁰⁰**
- Venue:** **Jūrmala Aspazija Primary School – Sports Hall
Aizputes iela 1a, Jūrmala, LV-2010**
- Referees:** LKF Referee Panel Referees. Referees will be provided with a hot lunch during the competition.
Head referee of the competition Santa Drozdova, tel. +371 26833661
Head Secretary of the Competition Viktorija Agafonova +371 29118019
- Registration** Registration on 14.02.2026 from 8³⁰. At the competition venue in accordance with the arrival list prepared and sent by the organiser.
9³⁰ – 10⁰⁰ Briefing for team representatives and referees. 10.⁰⁰ Start of the competition
- Field size:** Three fields: 10 m x 10 m; One field 4 m x 4 m (phantom kumite)
- Participants:** Athletes who have won **prizes** in national championships, national team **athletes**, and Youth Premier League **participants** are not allowed to participate. Participants who have won **prizes in** the following competitions or similar competitions are not allowed to participate: Estonian Open, Latvian Open/Akropole Rīga Cup, Polish Open, Tallinn Open, Budapest Open, Budo Cup, Grand Prix Slovakia. Exceptions are cases where there were 5 or fewer participants in the category. Results are evaluated for the last year (12 months before the start of the competition). With the organiser's consent, an

athlete who otherwise does not meet this requirement may also be included in the competition.

Competition rules – WKF with changes introduced by the organiser!!!

KATA

Categories are organised according to a round-robin system, with each subgroup consisting of 3-5 athletes.

and after the subgroup fights, the 2 best athletes from each group continue to fight for medals according to the Olympic system.

Flag system with 3 referees.

In all categories, kata must be performed simultaneously

Athletes perform kata with their certification belts

- **U8, U10, U12 -10 KYU, -9 KYU, U14 -9 KYU – 1 kata**
- **In all other categories - at least 2 katas.** It is forbidden to repeat a kata performed in the previous round.

In all of the above categories, athletes are only allowed to perform the kata listed here:

Taikioku 1-4, Heian 1-5, Pinan 1-5, Ten-no-kata 1-3, Geksadai 1-2, Saifa., Zenshin-kotai.

In all kata categories – full replay **2 (two)** 3rd places!!!

CATEGORIES:

children 6 years old girls	OPEN
children 6 years old boys	OPEN
children 7 years old girls	-10 kg; -9 kg;
children 7 years old boys	-10 kg; -9 kg;
children U10 (8-9 years old) girls	-10 kg; -9 kg; -8 kg;
children U10 (8-9 years) boys	-10 kg; -9 kg; -8 kg;
children U12 (10-11 years old) girls	-10 kg; -9 kg; -8 kg;
children U12 (10-11 years old) boys	-10 kg; -9 kg; -8 kg;
mini cadets U14 (12-13 years old) girls	-9 kg; -7 kg;
mini cadets U14 (12-13 years old) boys	-9 kg; -7 kg;
cadets U16 (14-15 years old) girls	-7 kg;
cadets U16 (14-15 years old) boys	-7 kg;

KUMITE – The permissible deviation in all men's categories is 0.2 kg and 0.5 kg in all women's categories.

Weighing is voluntary. Weight can be recorded at registration. Before the start of the category, either coaches or referees may choose to weigh any of the participants in the category, except those who have already recorded their weight. If the weight is not appropriate, the athlete may be re-registered in the appropriate category, if possible. No complaints will be accepted after the start of the category.

Kumite - evaluation in all categories is in accordance with the WKF Cadet Rules and the Children's Rules approved by the LKF Board.

Categories are organised according to a round-robin system, with each subgroup consisting of 3-5 athletes,

and after the subgroup fights, the 2 best athletes from each group continue to fight for medals according to the Olympic system.

Flag system with 3 referees.

The organiser determines changes in the duration of fights in the following categories:

U8; U10 – 1 minute or up to an 8-point difference

U12, U14 – 1.5 minutes or until an 8-point difference

U-16 – 1.5 minutes or until an 8-point difference.

Kumite **equipment** must include:

- Athletes must have all equipment in accordance with WKF rules, but the equipment does not have to be marked "WKF approved". The colour of the gloves and belt must match the athlete's colour in the respective match (AKA or AO). The colour of the leg guards is not important.
- Body protectors are required for kumite disciplines for ALL ages.
- For children under 14 years of age – WKF-type helmets.
- Red/blue kimono is not mandatory
- Groin (crotch) protection (bandage) is mandatory from the age of 12. Recommended for children under 12.
- Mouth guards are mandatory in all kumite disciplines.

Athletes, their coaches and parents are personally responsible for any injuries sustained as a result of not using the equipment!

The competition organiser does not provide equipment.

CATEGORIES

Children U8 (6-7 years old) girls	OPEN
Children U8 (6-7 years old) boys	-25 / +25 kg
Children U10 (8-9 years) girls	-27 / -32 / -36 / + 36 kg
Children U10 (8-9 years) boys	-27 / -32 / -36 / + 36 kg
Children U12 (10-11 years) girls	-35 / -40 / -45 / +45 kg;
Children U12 (10-11 years) boys	-30 / -35 / -40 / -45 / +45 kg
mini cadets U14 (12-13 years old) girls	-42 / -47 / -52 / +52 kg
mini cadets U14 (12-13 years old) boys	-40 / -45 / -50 / -55 / +55 kg
cadets U16 (14-15 years old) girls	-47 / -54 / -61 / +61 kg
Cadets U16 (14-15 years old) boys	-52 / -57 / -63 / -70 / +70 kg

Two third places in all Kumite categories!

FANTOM

In accordance with the FANTOM rules approved by the LKF.

Equipment: Red or blue gloves. Belt colour and leg guards are optional. (Leg guards are not mandatory).

FANTOM BOYS

6 years

7 years
8 years
9 years
10 years
11 years

FANTOM GIRLS

-7 years
8 years
9 years
10 years
11 years

Two 3rd places in all categories.

SUMO BOYS

U6 -20/+20 kg
U8 -20/-24/-28/+28kg
U10 -27/-35/+35kg
U12 40/-50/+50kg

SUMO GIRLS

U6 -20/+20 kg
U8 -24/+24 kg
U10 -30/+30 kg
U12 -40/+40kg

Two 3rd places in all categories.

The organiser reserves the right to change categories in all disciplines. (For example, if there are 4 or fewer participants in a category, the organiser has the right to combine categories).

**Participation in competitions: KATA and KUMITE each category 30 EUR;
FANTOM 25 EUR; SUMO 25 EUR**

Protest review – 100 EUR

Participants are responsible for their own health and fitness for competition, as well as for health insurance.

Prizes:

The main Yoshukan Cup 2026 will be awarded to the club whose athletes have won the most 1st places in the Olympic disciplines (KATA and KUMITE).

The club that wins 2nd and 3rd place under the same conditions will also be awarded a cup.

Applications:

Participants must register in advance electronically on the website

www.shotokan.lv/online/; www.karateregistration.lv. To obtain a password for the registration system and ask questions about registration, please contact Boris Krasnov by phone at +371 29621418 or by e-mail at karatedo@balticom.lv

Applications will be accepted **until 23:59 on 9 February 2026.**

Applications will not be accepted after 9 February.

Privacy and personal data protection.

Photography and video filming will take place at the competition venue, and the competition organisers may use the recorded material may be used by the competition organisers for promotional purposes without the consent of the people appearing in them.

Any issues not covered by these competition rules will be decided by the Chief Referee and/or the Competition Organiser.