



ATKLĀTĀS KARATĒ SACENSĪBAS
"YOSHUKAN CUP 2025"
(15.02.2025.)



PROGRAMMA / PROGRAMME

TATAMI 1			TATAMI 2		
KATA			KATA		
10:00	10:20	Kata: Zēni 6 g. OPEN (5)	10:00	10:10	Kata: Meitenes 6 g. OPEN (3)
10:20	10:40	Kata: Zēni U10 (8–9 g.) -9 kju 1. grupa (5)	10:10	10:15	Kata: Meitenes 7 g. -9 kju (2)
10:40	10:55	Kata: Meitenes U10 (7–9 g.) -10 kju (4)	10:15	10:35	Kata: Zēni U10 (8–9 g.) -9 kju 2. grupa (5)
10:55	11:15	Kata: Zēni U10 (8–9 g.) -8 kju 1. grupa (6)	10:35	10:50	Kata: Meitenes U10 (8–9 g.) -9 kju (4)
11:15	11:30	Kata: Meitenes U14 (10–13 g.) -9 kju (4)	10:50	11:10	Kata: Zēni U10 (8–9 g.) -8 kju 2. grupa (6)
11:30	11:45	Kata: Meitenes U16 (12–15 g.) -7 kju (4)	11:10	11:30	Kata: Zēni U12 (10–11 g.) -9 kju (5)
			11:30	11:40	Kata: Meitenes U12 (8–11 g.) -8 kju (3)
11:45	12:00	SACENSĪBU ATKLĀŠĀNA / OPENING CEREMONY			
KUMITE			KUMITE		
12:00	12:35	Kumite: Zēni U8 (6–7 g.) -25 kg (7)	12:00	12:40	Kumite: Zēni U8 (6–7 g.) +25 kg (8)
12:35	13:10	Kumite: Zēni U10 (8–9 g.) -27 kg 1. grupa (5)	12:40	13:10	Kumite: Zēni U10 (8–9 g.) -27 kg 2. grupa (6)
13:10	13:40	Kumite: Zēni U10 (8–9 g.) -32 kg 1. grupa (6)	13:10	13:40	Kumite: Zēni U10 (8–9 g.) -32 kg 2. grupa (6)
13:40	14:15	Kumite: Zēni U10 (8–9 g.) -36 kg 1. grupa (5)	13:40	14:35	Kumite: Zēni U10 (8–9 g.) -36 kg 2. grupa (5)
14:15	14:35	Kumite: Meitenes U12 (10–11 g.) -45 kg (3)	14:35	15:20	Kumite: Zēni U12 (10–11 g.) -35 kg 2. grupa (5)
14:35	15:15	Kumite: Zēni U12 (10–11 g.) -35 kg 1. grupa (5)	15:20	16:05	Kumite: Zēni U12 (10–11 g.) -40 kg 1. grupa (6)
15:15	16:05	Kumite: Zēni U12 (10–11 g.) -45 kg (7)	16:05	16:50	Kumite: Zēni U12 (10–11 g.) -40 kg 2. grupa (5)
16:05	16:50	Kumite: Zēni U14 (12–13 g.) +55 kg (6)	16:50	17:40	Kumite: Zēni U14 (12–13 g.) -40 kg (7)
16:50	17:40	Kumite: Zēni U14 (12–13 g.) -55 kg (7)			
TATAMI 3			TATAMI 4		
KATA			FANTOM		
10:00	10:10	Kata: Zēni 7 g. -10 kju (3)	10:00	10:05	Fantom: Meitenes līdz 7 g. (2)
10:10	10:30	Kata: Zēni 7 g. -9 kju (5)	10:05	10:25	Fantom: Zēni 8 g. (5)
10:30	10:50	Kata: Zēni U10 (8–9 g.) -10 kju (5)	10:25	10:45	Fantom: Zēni 10 g. (5)
10:50	11:10	Kata: Zēni U12 (10–11 g.) -8 kju (6)	10:45	11:05	Fantom: Meitenes 9-11 g. (5)
11:10	11:25	Kata: Zēni U14 (12–13 g.) -9 kju (4)	11:05	11:25	Fantom: Zēni līdz 7 g. (5)
11:25	11:45	Kata: Zēni U16 (12–15 g.) -7 kju (6)	11:25	11:45	Fantom: Meitenes 8 g. (6)
11:45	12:00	SACENSĪBU ATKLĀŠĀNA / OPENING CEREMONY			
KUMITE			12:00	12:30	Fantom: Zēni 9 g. (9)
12:00	12:30	Kumite: Meitenes U8 (6–7 g.) OPEN (6)	12:30	12:45	Fantom: Zēni 11 g. (4)
12:30	12:55	Kumite: Meitenes U10 (8–9 g.) -32 kg (4)	KUMITE		
12:55	13:20	Kumite: Meitenes U10 (8–9 g.) +32 kg (4)	12:50	12:55	Kumite: Meitenes U16 (14–15 g.) -61 kg (2)
13:20	13:50	Kumite: Zēni U10 (8–9 g.) -32 kg 3. grupa (6)	12:55	13:45	Kumite: Zēni U16 (14–15 g.) -63 kg (5)
13:50	14:25	Kumite: Zēni U10 (8–9 g.) +36 kg (7)	13:45	14:20	Kumite: Zēni U16 (14–15 g.) +63 kg (4)
14:25	15:05	Kumite: Zēni U12 (10–11 g.) -30 kg (5)	14:20	15:10	Kumite: Meitenes U14 (12–13 g.) -52 kg (7)
15:05	16:05	Kumite: Zēni U12 (10–11 g.) +45 kg (9)	15:10	16:00	Kumite: Meitenes U14 (12–13 g.) +52 kg (7)
16:05	16:30	Kumite: Meitenes U12 (10–11 g.) -40 kg (4)	16:00	16:15	Kumite: Zēni U14 (12–13 g.) -45 kg (3)
16:30	17:00	Kumite: Zēni U14 (12–13 g.) -50 kg (4)	16:15	16:55	Kumite: Meitenes U14 (12–13 g.) -47 kg (6)
17:00	17:40	ATLASES CĪŅAS. Kata: Zēni U18 (16–17 g.)	16:55	17:45	Kumite: Zēni U16 (14–15 g.) -52 kg (5)

Laiki ir norādīti orientējoši! Lūgums sportistiem ierasties **ne vēlāk kā stundu pirms vajadzīgas kategorijas sākuma.**

The time is indicated approximately! Athletes must be in the championship area **not later than one hour before the start of a relevant category.**