



REGULATION

For the open competition "Yoshukan Cup 2025"

- Goal:** Promotion and development of the sport of Karate both in the city of Jūrmala and in Latvia. Determination of the strongest athletes of Latvia and other participating countries.
- Organiser:** Representatives of the International Yoshukai Association in Latvia, the association "Yoshukan Jūrmala" with reg. No. 40008256288 and with the support of the Latvian Karate Federation and Jūrmala City Council.
The person responsible – Jevgēnijs Skorobogatovs,
+371 27154425, j.skorobogatovs@karate.lv
- Time:** February 15, 2025 at 10⁰⁰
- Place:** Raiņa iela 55, Jūrmala, Jūrmala city, LV-2016, Latvia
- Judges:** Judges of the LKF Board of Judges. During the competition, the judges will be provided with a hot lunch.
The main judge of the competition is Santa Drozdova, tel. +371 26833661. The main secretary of the competition is Viktorija Agafonova, tel. +371 29118019
- Registration:** Registration on 15.02.2025 from 8³⁰. At the competition venue according to the arrival list prepared and sent by the organizer. 9³⁰ – 10⁰⁰ briefing of team representatives and judges. 10⁰⁰ start of the competition.
- Tatami size:** Three tatami areas of 10m x 10m and one 4m x 4m for Phantom Kumite
- Competitors:** It is forbidden to participate for athletes who have won **prize-winning places** in national championships, **national team athletes**, and participants of the Youth Premier League. **Prize winners** of the following competitions or competitions of a similar level are prohibited from participating: Estonian Open, Latvian Open/Akropole Rīga Kauss, Polish Open, Tallinn Open, Budapest Open, Budo Cup, Grand Prix Slovakia.

NO changes are made to the participant lists on the day of the competition!
Competition rules – WKF with changes introduced by the organizer!!!

KATA

The categories take place according to the round system, each subgroup consists of 3-5 athletes, and after the subgroup fights, the best 2 athletes from each group continue to fight for medals according to the Olympic system.

Flag system with 5 judges.

In all categories, the kata must be performed simultaneously.

Athletes perform katas according to their certification belts

- **U8, U10, U12 -10 KYU, -9 KYU, U14 -9 KYU – 1 kata**
- **In all other categories - at least 2 Katas**

In all the categories mentioned above, athletes are only allowed to perform katas that are mentioned in the following list:

Taikioku 1-4, Heian 1-5, Pinan 1-5, Ten-no-kata 1-3, Geksadai 1-2, Saifa., Zenshin-kotai.

In all Kata categories – full repechage **2 (two)** 3rd places!!!

CATEGORIES:

children 6 y.o. girls	OPEN
children 6 y.o. boys	OPEN
children 7 y.o. girls	-10 kju; -9kju;
children 7 y.o. boys	-10 kju; -9kju;
children U10(8-9g.) girls	-10 kju; -9kju; -8.kju;
children U10(8-9g.) boys	-10 kju; -9kju; -8.kju;
children U12(10-11g.) girls	-10 kju; -9kju; -8.kju;
children U12(10-11g.) boys	-10 kju; -9kju; -8.kju;
mini cadets U14(12-13g.) girls	-9kju; -7.kju;
mini cadets U14(12-13g.) boys	-9kju; -7.kju;
cadets U16 (14-15g.) girls	-7.kju;
cadets U16 (14-15g.) boys	-7.kju;

KUMITE – The permissible deviation in all men's categories is 0.2 kg and 0.5 kg in all women's categories.

Kumite - judging in all categories is in accordance with the rules of the Cadet WKF and the rules for children approved by the LKF board..

The categories take place according to the round system, each subgroup consists of 3-5 athletes, and after the subgroup fights, the best 2 athletes from each group continue to fight for medals according to the Olympic system.

Flag system with 5 judges.

the organizer determines changes in the duration of fights in the following categories:

U8; U10 – 1 minute or up to 6 point difference

U12, U14 –1.5 minutes or up to 6 points difference

U-16 - 2 minutes

Kumite **equipment** - must be:

- In all categories, participants must have full equipment according to WKF rules. Equipment does not need to have the 'WKF approved' label. Gloves and belt colors

must match the participant's color in the match (Aka or Ao). Leg guard color is not mandatory.

- Any protective equipment must be WKF/EKF design equipment, but not necessarily "approved by WKF."
- Body protectors are mandatory in all age categories. Groin protectors are mandatory from 12 years of age and recommended for younger participants. Mouthguards are mandatory in all Kumite categories.

Weighing is voluntary. During registration, participants can fix their weight. Coaches or referees can select participants for random weigh-in before the start of a category, except for those who have already fixed their weight. If the weight does not match, the participant may be reassigned to the appropriate category if possible.

Athletes, their coaches and parents are personally responsible for any injuries resulting from not using the gear!
The competition organizer does not provide the gear.

CATEGORIES

children U8(6-7g.) girls	OPEN
children U8(6-7g.) boys	-25 / +25 kg
children U10(8-9g.) girls	-27 / -32 / -36 / + 36 kg
children U10(8-9g.) boys	-27 / -32 / -36 / + 36 kg
children U12(10-11g.) girls	-35 / -40 / -45 / +45 kg;
children U12(10-11g.) boys	-30 / -35 / -40 / -45/ +45 kg
mini cadets U14(12-13g.) girls	-42 / -47 / -52/ +52kg
mini cadets U14(12-13g.) boys	-40 / -45 / -50 / -55 / +55kg
cadets U16 (14-15g.) girls	-47 / -54 / -61/ +61 kg
cadets U16 (14-15g.) boys	-52 / -57 / -63 / -70 / +70 kg

2 (two) 3rd places in all Kumite categories!!!

PHANTOM

According to the PHANTOM regulations approved by LKF.

Gear: Red or blue gloves. Belt and leg guards optional. (Foot guards are optional).

PHANTOM BOYS

6 years old
7 years old
8 years old
9 years old
10 years old
11 years old

PHANTOM GIRLS

7 years old and under
8 years old
9 years old
10 years old
11 years old

Two 3rd places in all categories.

In all disciplines, the organizer reserves the right to change categories. (for example, if there are 4 or fewer participants in a category, the organizer has the right to combine categories)

**Participation in competitions: KATA and KUMITE each category 30 EUROS;
PHANTOM 25 EUROS**

Examination of the protest – 100 EUR

Participants are responsible for their health and fitness for the competition, as well as for health insurance.

Prizes:

The main Yoshukan Cup 2025 will be awarded to the club whose athletes achieve the most 1st places in the Olympic disciplines (KATA and KUMITE). Cups will also be awarded to the clubs achieving 2nd and 3rd places under the same conditions.

The cup is also awarded to the club that won 2nd and 3rd places under the same conditions.

Applications: Participants must register electronically at www.shotokan.lv/online or www.karateregistration.lv. To obtain a registration system password or for registration-related questions, contact Boris Krasnov by phone at +371 29621418 or email at karatedo@balticom.lv. Applications are accepted until February 10, 2025, at 23:59. Applications will not be accepted after this date.

Protection of privacy and personal data.

Photography and video filming will take place at the venue of the competition. The footage may be used by the competition organizers for self-promotional purposes without coordinating with the people visible in it.